

④ EAP (Employee Assistance Program)

Mental health service will be provided for employees in contracted organizations and corporations.

* Contact us for more information.

2. Supervising Service for Professionals

Office serve provides supervise sessions and seminars for psychotherapist, social workers, counselors.

Fee : Individual session: 1Hr ¥ 6,000 ~

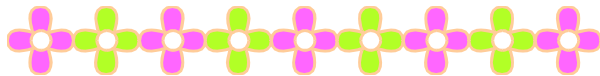
Group sessions: 1Hr ¥ 10,000 ~

3. Seminars and Workshop

4. Publication · Editing · Rewriting

5. Organize and Manage 'Self Help Support Center Okinawa'

- Office serve coordinates self help groups in Okinawa



Self Help Support Center (Office Serve)

#103 RUBOWAYARA 2F Uehara, Nishihara-cho, Okinawa 903-0125

<http://www.geocities.jp/centerokinawa/>

e-mail : okinawashsc@nifty.com

TEL&FAX : 098-871-9672 (M-F 9:00~17:00)



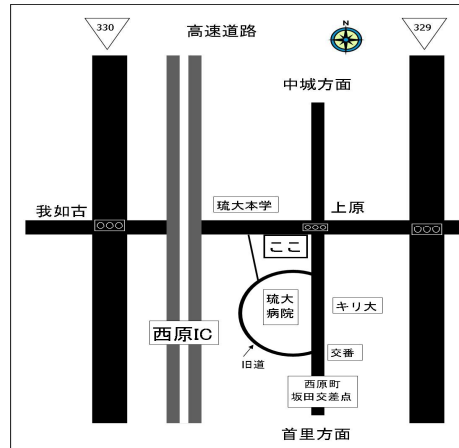
Notice!

We accept donations!

Important Notice

- ★ Information which you provide will be treated in a sensitive manner by the Office Serve.
- ★ The information will be managed in accordance with the Privacy Act in Japan.

< Access to OFFICE SERVE >



- * 5 min. from Hospital, Univ. of Ryukyus
- * 2F of au shop at Uehara intersection of Nishihara town
- * There is a parking lot.

< Remainder for other organization >

If you have a referral and information from other organizations, please let us know in advance when you make an appointment. Please inform them Office Serve charge for sessions.

OFFICE SERVE

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#103 RUBOWAYARA 2F Uehara, Nishihara-cho, Okinawa 903-0125

TEL: 098-871-9672 (9:00 ~ 17:00) (M-F)

E-mail : officeserve@nifty.com

URL: <http://homepage3.nifty.com/officeserve>

OFFICE SERVE

COUNSELING DPT. SERVE



"Live! Enjoy! Raise voice!"

SELF HELP SUPPORT CENTER OKINAWA

TEL : 098-871-9672 (9:00 ~ 17:00)

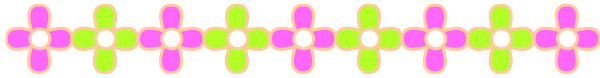
* For client's welfare, counseling is provided in Self Help Support Center Okinawa. We accept the appointment on the phone or e-mail.

WELCOME TO OFFICE SERVE!

Office Serve was founded in 2001 as one of non-profit organizations in Okinawa Prefecture, to support the creation of self-help groups and activities, with the slogan, "Live! Enjoy! Raise voice!"

Office Serve has been active in support of family and the relations regarding problem with alcohol, drug, excessive gambling, and family violence. In 2008 Office serve has started Employee Assistance Program (EAP) .

Office Serve was registered as a 'Registered Counseling Agency' by the organization of Labor Health and Welfare Agency. Our EAP program is accredited to consult workers and their mental health disorders.



<SERVICES>

1.Counseling Department: SERVE

- ① Individual counseling
- ② Alcohol in Control Program
- ③ Family Psycho-education
- ④ Employee Assistance Program (EAP)

2.Supervision for the professionals

3.Provide Seminars and Workshop

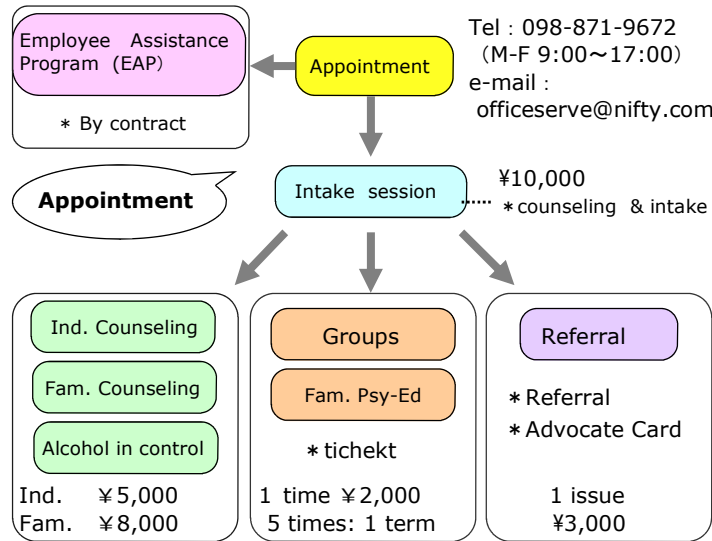
4.Support for publishing, editing, and rewriting

5.Manage and organize 'Self Help Support Center Okinawa'

See our HP for previous publication.

1.Counseling Department SERVE

The intake interview is conducted to make a plan at the first counseling session. The intake interview is provided in Okinawa Self-Help Center.



Appointment

Tel : 098-871-9672 (M-F 9:00~17:00)
e-mail : officeserve@nifty.com

* If you have a referral and information from other organizations, please let us know in advance when you make an appointment.

* Counseling hours and consultation fees are subject to change without notice. We appreciate your understanding.

★ Case management

We will consult the problems and refer other agencies or medical facilities. And we conduct a referral paper and advocacy card.

① Individual counseling

- ◎ Violence issues
- ◎ Parenting problems
- ◎ Problems with addiction related issues
 - * Alcohol & drugs
 - * Gambling and repeated debt

< individual counseling >

- * intake interview: ¥10,000 (1 hour)
- * the second time: ¥5,000 (40 minutes)

< Family or Couples counseling >

- * ¥8000 (40 minutes)

② Alcohol in control program

- * We use check list to control alcohol.
- * We support you to make a new life style for your health.

③ Family psycho-education

- ① Problems with addiction related issues
 - * Alcohol & drugs
 - * Gambling and repeated debt
- ② All people participate in the five session times

Family Psycho-education	
1	What is the problem? ~Now, let us know what has happened to.
2	Why repeat? ~Understanding the mechanism of denial.
3	What the family can do? ~For being over-burden; not being responsible for!
4	To suggest treatment ~Construct strategy together
5	For one's own peaceful mind ~About "I" ; Let us put a secure place to talk to

Fee: a series of five lectures; each ¥2,000

(Requires 5-times participation:

1 coupons for ¥10,000)