

RUMBA ADAGIO

Composers: Takao & Setsuko Ito

4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan

Record : "ADAGIO" Available from choreographer on Special CD

Rhythm : RUMBA(ph +2) Speed : As on CD

Date : November 2002 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence : Intro - A - B - Inter - A(MOD) - B - Ending



Meas

I N T R O

1 ~ 5 LOP-FC/Wall Wait 2 Meas;

OP Hip Twist Overtrn(M Trans) Tandem; Bk W Develope;
Hockey Stick Ending(W Trans);

-12 LOPFC/Wall both lead foot free wait;;

3 (OP Hip Twist Overtrn M Tras) Fwd L,rec R,tch L(WtcbkR,R,rec L,fwd R swivel 1/2 RF on R tandem fc;wall),

S--- 4 (Develope) Both hands on w's hip bk L,-,-,-(W bk L,-,bring R foot up, extend R foot fwd,-);

QQS 5 (Hockey Stick Ending) Bk R,rec L,fwd R,-(W fwd R/fwd L,fwd R 1/2 LF turn &QQS) fc partner,bk L,-);

Meas

P A R T A

1 ~ 8 Basic To Curl; Aida; Hip Rk 3 To FC; Spot Trn;

OP Hip Twist; Fan; Hockey Stick Overtrn Tandem;;

1 (Curl) Fwd L,rec R,cl L as lead W to turn LF under lead W bk R, rec L,fwd R 3/4 LF turn fc; LOD,

2 (Aida) B of L commence RF turn,bk cont RF turn fc RLOD,bk,R(W fwd L commence LF turn,sd R cont LF turn,bk L,-);

3 (Hip Rk 3) Fwd L hip roll LF,rec R hip roll RF,fwd L swivel LF fc partner and wall;

4 (Spot Turn) XRIF of L commence LF trn,cont LF trn rec L fc partner and wall,sd R,-;

5 (OP Hip Twist) Fwd L,rec R,cl L to R,-(W bk R,rec L,fwd R swivel 1/4 RF on R fc LOD),-;

6 (Fan) Bk R,rec L,sd R,-(W fwd L,fwd R swivel 1/2 LF on R fc RLOD,bk L,-);

7- 8 (Hockey Stick W Overtrn) Fwd L,rec R,cl L to R,-(W cl R,fwd L,fwd R,-); Bk R slightly RF turn,rec L,fwd R(W fwd L,fwd R 1 LF turn under lead hand fc RDW,fwd L,-)end tandem fc RDW;

9 ~ 16 W Slow Swivel; Sync Bk Walk To Cuddle; Hip Rk 3;

Bk To Leg Crawl; Oversway; Hold & Hockey Stick Ending;
Basic To Wrap M Trans; Hip Rk 2S;

S- 9 (W Slow Swivel) Fwd L,-,-(W fwd R,-,slow swivel RF fc partner,-);

QQ&S 10 (Sync Bk Walk to Cuddle) Bk R,bk L/bk R,cl L to cuddle pos,-(W fwd L, fwd R/fwd L,fwd R,-);

11 (Hip Rk 3) Fwd R hip roll RF,rec L hip roll LF,fwd R hip roll RF,-;

12 (Bk to Leg Crawl)Bk L,-,-,-(W fwd R,-,raise L leg outsd M's R leg,-);

13 (Oversway)Relax L knee keeping R leg extended(W L leg extend),-, slight LF turn stretch L sd of body look W(W look L) L hand extend sd ;

--S 14 (Hold & Hockey Stick Ending) Rise on L,-,-,rec fwd R(W rise on R,-/rec L, fwd R swivel 1/2 LF on R,bk L)end LOP-FC/RDW;

(-&QQ) 15 (Basic to Wrap M Trans) Fwd L,rec R lead W wrap,tch L to R,-(W bk R,rec L commence LF turn,fwd R cont LF turn to wrapped pos fc wall,-);

16 (Hip Rk 2S) Same foot sd L, -, rec R, -;

Meas

PART B

**1 ~ 8 Shadow Fence Line; Slip Pivot W Sync Spin(Hndshake);
OP Contra CK; Underarm Trn; Shadow Bk Break(W Spiral);
Prog Walk 6;; Fan;**

- 1 (Shadow Fence Line) Still same foot both L hand joined XLIF of R, rec R, sd & L body RF turn;
- 2 (Slip Pivot) Bk R slip LF turn, rec L cont LF turn, fwd R, -(W bk R commence LF turn, fwd L cont LF turn, sd R cont turn fc partner, bk L, -) end joined Handshake fc LOD;
- 3 (OP Contra Ck) Flexing R knee ck fwd L, rec R, cl L, -(W bk R looking to left, rec L, fwd R, -);
- 4 (Underarm Turn) Still R hand joined bk R, rec L, cl R, -(W XLIF commence RF trn under R hand, cont trn rec R, sd & fwd L);
- 5 (Shadow Bk Break) Bk L, rec R, fwd L lead W spiral, -(W swivel on L bk R, rec L, fwd R spiral, -) end shadow fc LOD;
- 6- 7 (Prog Walk 6) Fwd R, fwd L, fwd R, -; fwd L, fwd R, fwd L, -;
- 8 (Fan) Ck fwd R, rec L commence RF turn, fc wall sd R, -(W fwd L, fwd R swivel 1/2 LF turn, bk L, -);

**9 ~ 16 Alemana;; Circuler Hip Twist;; Fan; Start Alemana;
Fence Line w/Arm;**

- 90 (Alemana) Fwd L, rec R, cl L lead W RF turn (W cl R, fwd L, fwd R commence RF turn fc partner) Bk R, rec L, small fwd R (W RF turn under lead hand fwd L, cont RF turn fwd R, sd & fwd R, sd) end cp/wall;
- 113 (Circular Hip Twist) Lead W RF swivel fwd L, rec R, XLIF of R commence LF turn fc partner (W swivel 1/2 RF on L bk R, rec L, swivel 5/8 LF fwd R, sd & bk LIB of R cont LF turn, sd & bk R fc partner, swivel 1/2 RF on R fwd L, swivel 1/2 LF fwd R, swivel 1/8 RF on R, fwd L, XLIF of R cont LF turn, sd & bk R, cl L -(W swivel 1/2 LF fwd R, swivel 1/8 RF on R fwd L) sd & bk LIB of R, swivel 1/2 LF on L fwd R);
- 14 (Fan) Bk R, rec L, sd R, swivel 1/8 RF on R fwd L, fwd R swivel 1/2 LF, bk L;
- 15 (Start Alemana) Fwd L, rec R, cl L lead W RF (W cl R, fwd L, fwd R commence RF turn fc partner);
- 6 (Fence Line with Arm) XLIF of L relax R knee right arm circle and xover left, rec L, sd R end bfly/wall;

Meas

INTERLUDE

**1 ~ 4 New Yorker; Underarm Trn; Cuddle To Spiral;
Hocky Stick Ending(LOP-FC/Wall);**

- 1 (New Yorker) LOP/RL ODCk thru L, rec R fc partner, sd L;
- 2 (Underarm Turn) Bk R, rec L, cl R, -(W XLIF commence RF turn under lead hand, cont RF trn rec R, sd L, -) end cuddle pos;
- 3 (Cuddle W Spiral) Sd L, rec R, cl L, -(W swivel on L sd R, rec L commence LF turn, cont RF turn sd R, spiral LF on R fc wall);
- 4 (Hocky Stick Ending) Bk R, rec L, fwd R, -(W fwd L, fwd R 1/2 LF turn fc partner and COH, bk L, -) end LOP-FC/Wall;

Meas PART A (Mod)

1 ~ 8 Basic To Curl; Aida; Hip Rk 3 To FC; Spot Trn;
OP Hip Twist; Fan; Start Hockey Stick To Wrap M Trans;
Hip Rk 2S;

- 1- 6 Repeat meas 1 thru 7 of Part A;;;;;;
 7 Fwd L,rec R,tch L to R lead W wrap,-(W cl R,fwd L,fwd R LF turn fc wall,
 -)end wrapped pos fc wall;
 8 (Hip Rk 2S)Same foot sd L,-,rec R,-;

Meas PART B

1 ~ 8 Shadow Fence Line; Slip Pivot W Sync Spin(Hndshake);
OP Contra CK; Underarm Trn; Shadow Bk Break(W Spiral);
Prog Walk 6;; Fan;

9 ~ 16 Alemana;; Circuler Hip Twist;;; Fan; Start Alemana;
Fence Line w/Arm;

Meas ENDING

1 ~ 4 New Yorker; Undearm Trn; Cuddle W Spiral To Wrap;
(Wrapped/DW)Walk 3; Hold

- 1- 2 Repeat meas 1 thru 2 of Interlude;;
 3 (Cuddle W Spiral to Wrap) Sd L,rec R,cl L,-(W swivel on L sd R,rec L
 commence LF turn,cont RF turn sd R,spiral LF on R wrapped fc DW);
 4 Fwd R,fwd L,fwd R,-;
 + Hold music fadeout